

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL	
OMB Number:	3235-0287
Estimated average burden hours per response...	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person * Zwerdling Jeffrey M.			2. Issuer Name and Ticker or Trading Symbol Wheeler Real Estate Investment Trust, Inc. [whlr]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director <input type="checkbox"/> Officer (give title below)		
(Last) (First) (Middle) RIVERSEDGE NORTH, 2529 VIRGINIA BEACH, BLVD., SUITE 200			3. Date of Earliest Transaction (Month/Day/Year) 11/13/2012			<input type="checkbox"/> 10% Owner <input type="checkbox"/> Other (specify below)		
(Street) VIRGINIA BEACH, VA 23452			4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person		
(City) (State) (Zip)			Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned					

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	11/13/2012		P		108,000 (1)	A	\$ 5.25	13,500 (2)	I	Held by a Trust in which Mr. Zwerdling serves as Co-Trustee
Common Stock	08/21/2013		P		24,500 (1)	A	\$ 4.30	16,563 (2)	I	Held by a Trust in which Mr. Zwerdling serves as Co-Trustee
Common Stock	02/09/2015		P		5,000 (1)	A	\$ 3.60	17,188 (2)	I	Held by a Trust in which Mr. Zwerdling serves as Co-Trustee
Common Stock	11/13/2012		P		5,800 (1)	A	\$ 5.25	725 (2)	I	Held by a LLC in which Mr. Zwerdling has an interest
Common Stock	08/21/2013		P		200 (1)	A	\$ 4.30	750 (2)	I	Held by a LLC in which Mr. Zwerdling has an interest
Common Stock								96,593	D	
Common Stock								1,111	I	Held in profit sharing plan
Common Stock								750	I	Owned by spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following	10. Ownership Form of Derivative Security: Direct (D)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
--	--	--------------------------------------	--	--------------------------------	--	--	---	--	---	---	--

				Code	V	Disposed of (D) (Instr. 3, 4, and 5)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Reported Transaction(s) (Instr. 4)	or Indirect (I) (Instr. 4)		
						(A)	(D)								
Series B Convertible Preferred Stock	\$ 40	04/24/2014		P		6,500		(3)	(3)	Common Stock	4,062.50	\$ 24.99	6,500	I	Held by a Trust in which Mr. Zwerdling serves as Co-Trustee
Series B Convertible Preferred Stock	\$ 40	09/12/2014		P		4,500		(3)	(3)	Common Stock	2,812.50	\$ 24.99	11,000	I	Held by a Trust in which Mr. Zwerdling serves as Co-Trustee
Common Stock Warrants	\$ 44	04/24/2014		P		7,800		(4)	(4)	Common Stock	975	\$ 0.008	7,800	I	Held by a Trust in which Mr. Zwerdling serves as Co-Trustee
Common Stock Warrants	\$ 44	09/12/2014		P		3,000		(4)	(4)	Common Stock	375	\$ 0.008	10,800	I	Held by a Trust in which Mr. Zwerdling serves as Co-Trustee
Common Stock Warrants	\$ 44	09/24/2014		P		2,400		(4)	(4)	Common Stock	300	\$ 0.008	13,200	I	Held by a Trust in which Mr. Zwerdling serves as Co-Trustee
Series D Cumulative Convertible Preferred Stock	\$ 16.96							(5)	(5)	Common Stock	1,474		1,000	D	
Series D Cumulative Convertible Preferred Stock	\$ 16.96							(5)	(5)	Common Stock	5,896		4,000	I	Owned by spouse
Series B Convertible Preferred Stock	\$ 40							(3)	(3)	Common Stock	2,500		4,000	I	Held in profit sharing plan
Series B Convertible Preferred Stock	\$ 40							(3)	(3)	Common Stock	6,250		10,000	D	
Common Stock Warrants	\$ 44							(4)	(4)	Common Stock	1,500		12,000	D	
Common Stock Warrants	\$ 44							(4)	(4)	Common Stock	600		4,800	I	Held in profit sharing plan

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Zwerdling Jeffrey M. RIVERSEDGE NORTH, 2529 VIRGINIA BEACH BLVD., SUITE 200	X			

Signatures

/s/ Jeffrey M. Zwerdling	03/01/2019
<small>**Signature of Reporting Person</small>	<small>Date</small>

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) These shares of common stock were acquired prior to Wheeler Real Estate Investment Trust, Inc.'s (the "Company") one-for-eight reverse stock split (the "Reverse Stock Split") that was effected on March 31, 2017.
- (2) Adjusted for the Company's Reverse Stock Split.
- (3) Each share of Series B Convertible Preferred Stock (the "Series B Stock") is convertible into shares of the Company's common stock at \$40.00 per share. The Series B Stock has no expiration date.
- (4) The common stock warrants are exercisable at \$44.00 per share. The common stock warrants expire on April 29, 2019.
- (5) Each share of Series D Cumulative Convertible Preferred Stock (the "Series D Stock") is convertible into shares of the Company's common stock at \$16.96 per share. The Series D Stock has no expiration date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.