# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

#### FORM 8-K

CURRENT REPORT
PURSUANT TO SECTION 13 OR 15(d)
OF THE SECURITIES AND EXCHANGE ACT OF 1934

Date of report (date of earliest event reported): October 7, 2016

# WHEELER REAL ESTATE INVESTMENT TRUST, INC.

(Exact name of registrant as specified in its charter)

Maryland (State or Other Jurisdiction of Incorporation) 001-35713 (Commission File Number) 45-2681082 (IRS Employer Identification No.)

2529 Virginia Beach Blvd., Suite 200 Virginia Beach, VA 23452

Registrant's telephone number, including area code: (757) 627-9088

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligations of the registrant under any of the following provisions:	
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

### ITEM 5.02 DEPARTURE OF DIRECTORS OR CERTAIN OFFICERS; ELECTION OF DIRECTORS; APPOINTMENT OF CERTAIN OFFICERS; COMPENSATORY ARRANGEMENTS OF CERTAIN OFFICERS.

On October 5, 2016, the Registrant's Board of Directors ("Board") appointed John Sweet to the Board to fill the vacancy on the Board created by the Board increasing its size from eight to nine members. The Board determined Mr. Sweet to be independent under the rules of the Nasdaq Capital Market.

Mr. Sweet is the co-founder and Chief Investment Officer at Physicians Realty Trust (NYSE:DOC), a self-managed healthcare real estate investment trust. Mr. Sweet, 71, will stand for re-election at the Registrant's 2017 annual meeting of shareholders. Mr. Sweet will serve on the Registrant's Finance and Investment Committees.

In accordance with the Registrant's non-employee director compensation policy, Mr. Sweet will be entitled to receive \$25,000 per annum for serving as a director and is eligible to receive the Registrant's common stock, incentive stock options, nonqualified stock options, restricted stock awards or restricted stock units pursuant to the Registrant's 2015 Long-Term Incentive Plan and 2016 Long-Term Incentive Plan. Mr. Sweet may also be reimbursed for his travel expenses incurred in connection with his attendance at full Board and Committee meetings.

There are no arrangements or understandings between Mr. Sweet and any other person pursuant to which Mr. Sweet was appointed to serve as a director of the Registrant. Mr. Sweet does not have a direct or indirect interest in any transaction that would be required to be disclosed pursuant to Item 404(a) of Regulation S-K under the Securities Exchange Act of 1934.

#### ITEN 8.01 OTHER EVENTS.

On October 6, 2016, the Registrant issed a press release announcing the appointment of Mr. Sweet as a director to the Board. A copy of the press release is attached as Exhibit 99.1 to this Current Report on Form 8-K.

#### ITEM 9.01 FINANCIAL STATEMENTS AND EXHIBITS.

(a) Financial statement of businesses acquired.

Not Applicable.

(b) Pro forma financial information.

Not applicable.

(c) Shell company transactions.

Not Applicable.

- (d) Exhibits.
- 99.1 Press release dated October 6, 2016, announcing the appointment of Mr. Sweet as a director to the Board.

Pursuant to the requirements of the Securities and Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

WHEELER REAL ESTATE INVESTMENT TRUST, INC.

By: /s/ Jon S. Wheeler

Jon S. Wheeler Chairman and Chief Executive Officer

Dated: October 7, 2016

#### EXHIBIT INDEX

#### Number Description of Exhibit

Press release dated October 6, 2016, announcing the appointment of Mr. Sweet as a director to the Board.



#### FOR IMMEDIATE RELEASE

## WHEELER REAL ESTATE INVESTMENT TRUST, INC. APPOINTS JOHN W. SWEET TO ITS BOARD OF DIRECTORS

Virginia Beach, VA – October 6, 2016 – Wheeler Real Estate Investment Trust, Inc. (NASDAQ:WHLR) ("Wheeler" or the "Company"), a company specializing in owning, acquiring, financing, developing, renovating, leasing and managing income producing assets, such as community centers, neighborhood centers, strip centers and free-standing retail properties, today announced that it has appointed John W. Sweet to the Company's Board of Directors, effective October 5, 2016. Mr. Sweet will also serve on Wheeler's Board of Directors' Finance and Investment Committees. Mr. Sweet has over 40 years of financial and organizational management experience in executive management positions within the real estate, banking, and finance industries. As of Mr. Sweet's appointment, Wheeler's Board has nine members with seven of those members being independent.

Mr. Sweet is the co-founder and Chief Investment Officer at Physicians Realty Trust (NYSE:DOC), a self-managed healthcare real estate investment trust. In this position, Mr. Sweet is responsible for managing and monitoring investment activity, working with external analysts and developing strategic asset-allocation plans. Prior to joining Physicians Realty Trust, Mr. Sweet was a Managing Director for the privately owned, full-service, specialty investment firm, Ziegler. While at Ziegler, Mr. Sweet assisted in the financing and then management of a medical office building investment fund which became the initial core portfolio for Physicians Realty Trust. In 2002, Mr. Sweet also cofounded Windrose Medical Properties Trust, a publicly traded medical office REIT that was sold to Healthcare REIT (NASDAQ:HCN) in 2006.

Mr. Sweet received a Bachelor of Business Administration from St. John Fisher College and a Master of Business Administration from Rochester Institute of Technology.

Jon S. Wheeler, Chairman and CEO, stated, "We are delighted to welcome John to the Company's Board of Directors. John brings with him a deep understanding of real estate investment trusts and has earned great success in his career. We are confident that his knowledge of the capital markets and strong background in real estate will lend itself nicely to the Company's Board and that his leadership skills will make a valuable contribution to our team."

#### **About Wheeler Real Estate Investment Trust Inc.**

Headquartered in Virginia Beach, VA, Wheeler Real Estate Investment Trust, Inc. is a fully-integrated, self-managed commercial real estate investment company focused on acquiring and managing income-

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producing retail properties with a primary focus on grocery-anchored centers. Wheeler's portfolio contains well-located, potentially dominant retail properties in secondary and tertiary markets that generate attractive risk-adjusted returns, with a particular emphasis on grocery-anchored retail centers.

Additional information about Wheeler Real Estate Investment Trust, Inc. can be found at the Company's corporate website: www.whlr.us.

CONTACT:

-OR-

INVESTOR RELATIONS:

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